



PHILIP MORANT

SCHOOL & COLLEGE

Ref: SNL\jr\UpdateLetter
17th October 2025

Dear Parents and Carers,

This week our year 11 GCSE French students returned from a wonderful 4 day residential. On Friday as we write this letter, students have taken part in our careers fair to provide a greater understanding of their post 16 and post 18 options. Next week as we head towards the half term break our first Geography field trip goes out to Stratford, and our year 11 will be on a reward trip to Thorpe Park on Friday 24th.

Actions from this letter

Complete applications to Sigma Sixth if in year 11 - <https://www.sigmasixth.org.uk/sigma-sixth-colchester/>

Note flu vaccinations (Day 1) Tuesday 21st October 2025

Beware of the salt and ice challenge

Apply for music scholarships in Year 7 - a reminder that applications are still open

Be winter ready - check for suitable winter coats, bicycle lights ahead of the half term break

Alert - 'Salt and Ice' challenges - social media trend

We wish to alert you of an online challenge that is resurfacing where children are encouraged to put salt on their skin and press ice on top. The danger is linked to serious cold injury burns similar to frostbite, where severe injuries can cause hospitalisation and even need skin grafts.

Young people do not realise the danger until it is too late and the skin damage has already been caused.

The treatment is to cool with lukewarm running water for at least ten minutes, cover loosely with cling film to keep clean and then to seek medical attention. Do not use ice, fluffy (lint) dressings or any creams.

We encourage you to talk to your child and make them aware of the dangers, the key message is that the scars can last a lifetime and are not worth the risk of hurting yourself for any number of online 'likes'.

Lanyards

This week we have processed the re-charging for non-returned lanyards for September and issued pens when a student has been without a pen. The charge for the cost of a replacement lanyard is £2 and for a pen this is 30p. These charges have been added to parent pay accounts. This will reference any C1 equipment recharges / C1 Lanyard replacements shown on their Go4schools account.

Year 8 progress evening - Wednesday 22nd October

If you haven't yet booked appointments for Year 8 progress evening - there are still some appointments available, so please book via Arbor, as soon as possible.

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Philip Morant School and College is a member of the Sigma Trust, registered in England and Wales, Company no. 07926573
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Year 7 Music scholarships

Last call for the Year 7 students to apply for a music scholarship in 25/26. This google form is to register your interest in becoming a **Music Scholar** for **2026**. Opportunities are available to learn the trumpet or trombone for 12 year 7's who will receive a free instrument and twenty 30 minute lessons on the trumpet or trombone.

The scholarship offers free weekly lessons on a brass instrument of your choice for 2 terms (during school hours), an instrument to borrow and take home to practice with and performance opportunities.

All we ask in return is that they need to practise every week, attend their lessons regularly, on time. Lessons will take place in groups of 3. In Term 2, you will join the music club on your instrument (Orchestra or Brass Club) and attend weekly.

This will also be shared with students in their google classroom and will be promoted in their assembly. To register for an opportunity to win a scholarship please complete the form below and

<https://forms.gle/KwFVfmS1iU2hCxmy7>

Be winter ready

As we approach the latter part of the autumn term, please can you ensure that your child has an outdoor coat to wear now that the temperatures are dropping. In accordance with our uniform policy hoodies, non-uniform jumpers, fleeces are not acceptable and may be confiscated if worn. If you are unsure [here is a link](#). We would also encourage parents to check their child's bikes for good brakes, working lights and reflective clothing as the lighter days get shorter.

Thank you for your continued support this week.

Yours sincerely



Mrs S Neill
Headteacher