

# PE Extra-Curricular Timetable

Day	Before School	Lunch	After School (3-4pm)
<b>Monday</b>		Girls Basketball Girls Fitness Football Year 9, 10 & 11	
<b>Tuesday</b>	Zero Hour Fitness Sportshall Astro PWH	Football - Year 7 & 8 Basketball - Year 9, 10 & 11	All Years Netball Football - Sigma / Year 10 & 11 Basketball - Year 9, 10 & 11
<b>Wednesday</b>	Zero Hour Fitness Sportshall Astro	Badminton - Girls	Trampolining - Year 7, 8 & 9 Fitness - Year 7, 8, 9 and 10
<b>Thursday</b>	Zero Hour Fitness Sportshall Astro	Basketball - Year 7 & 8 Football - Year 7 & 8	Girls Football Football - Year 7, 8 & 9 Rugby - Year 7, 8,9, 10 & 11
<b>Friday</b>		Badminton / Basketball - GCSE PE & Sports Studies Football - Year 9, 10 & 11	